The January Saturday program was jam-packed for UB participants who braved the icy roads to spend the day at WVU.

While seniors attended a FAFSA workshop in the morning, participants in grades 9—I I took a step back in time on a field trip to the Morgantown History Museum. Students explored a traveling Smithsonian Exhibit featured at the museum, entitled “The Way We Worked.”

Junior Randi Thompson took special note of the impact changing technologies have had on the American workplace:

“It was pretty nifty to see how our country has grown and advanced along the years. Comparing how things were for our parents/grandparents when they were younger to how they are for kids today proves just how quickly we have advanced in our technology.”

After an informative morning at the History museum, participants spent the afternoon working with former UB Intern, Carrie Zickefoose, who is now a Specialist with the WV Adolescent Pregnancy Prevention Initiative. Carrie kept students engaged with interactive activities focused on preventing teen pregnancy, developing assertive communication skills, and understanding the consequences of teen pregnancy.

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How Will I Pay for College?

Students name financial concerns as one of the primary obstacles to obtaining a higher education degree. Never fear! Follow these three steps to ensure that you secure the financial assistance you need to cover the costs of college:

1) Submit the FAFSA between January 1 and March 1 of your senior year of high school. To qualify for federal and state grants, loans, and the PROMISE scholarship, high school seniors must submit the Free Application for Federal Student Aid (FAFSA). Fill out your FAFSA at www.fafsa.ed.gov. Contact UB staff for assistance (304)293-6199.

2) Apply for Scholarships. Visit your high school guidance counselor to learn about local scholarships and create an online profile at the following websites to learn about national scholarships:
   - www.fastweb.com
   - www.scholarships.com
   - www.cfwv.com

3) Get a job and SAVE. College students who work a part-time job (20 hours or less per week) often reap benefits such as higher grades, better time management skills, and less debt upon graduation. Try putting at least half of your monthly UB stipend in a savings account each month, and watch your college savings grow!
**UB Summer Program Theme Contest**

**“UB Goes Green!”**

This year’s summer program will focus on how UBers can “live green” through environmentally-friendly lifestyle changes. We will explore sustainable living topics such as farm fresh foods, recycling, conservation, energy, and gardening.

**CONTEST:** Do you have a creative title for our environmentally-focused summer theme? We want your ideas!

Complete the poll at [http://www.doodle.com/9cgffndvifcbn6f3](http://www.doodle.com/9cgffndvifcbn6f3) to vote. The winning title will be announced in the Spring edition of the Tutelage.

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**UBers Show Their Creativity in December**

The December Saturday program allowed UB participants to show off their creative sides with some holiday cheer. Between making Christmas cards for loved ones, designing tree ornaments, and constructing graham cracker “gingerbread houses,” participants had a blast getting crafty.

The day wasn’t lacking in educational enrichment though! During the morning UBers learned about WVU’s Forestry and Wildlife Management academic programs and research, as well as career opportunities for students who want pursue a degree in Zoology. Guest presenter Erin Estell coordinated the Pittsburgh Aviary internship program before coming to WVU to work for the Masters in Public Administration department.

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**2012 Summer Program:**

**July 1—August 10**

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Upward Bound is a federally-funded grant program. Funded by the Title IV TRIO grant from the US Department of Education, the project services are free to eligible students. Upward Bound is an Equal Opportunity in Education project, and therefore, does not discriminate on the basis of age, gender, sexual orientation, religion, race or disability. The contents of this newsletter were developed under a grant from the Department of Education. However, those contents do not necessarily represent the policy of the Department of Education and you should not assume it is endorsed by the Federal Government.

The Upwardly Mobile Student Spotlight

**Katie H.**

Clay-Battelle High School
10th grade

**Favorite Part of UB:**
Learning about things and college opportunities that I find fascinating.

**When I graduate high school:**
I want to go to college and become a successful novelist.

**Cassie C.**

Preston High School
11th grade

**Favorite Part of UB:**
The interactions between everyone—even if you don’t know someone, everyone is easy to get along with!

**When I graduate high school:**
I want to be a psychologist or a nurse.

**Kendra U.**

Grafton High School
11th grade

**Favorite Part of UB:**
Meeting and interacting with new people.

**When I graduate high school:**
I want to go to school to become a Physical Therapist.